Dear Parents, Guardians, Students and Other Parishioners,

Welcome back to Term 3. It was indeed a cold and miserable start to the term on the outside but inside we were warmed by the smiles and greetings of the children and staff as they settle back into their routines and learning adventures.

Not all of us are back yet! Some of us are getting some interesting snapshots of Maria Popowycz’s trip to America via social media. Maria and her family are very involved in the Ukranian Dance Company and the Dancing Troupe is performing all over the United States. There have been some wonderful photos of their performances in Times Square, New York and major plazas in Chicago and Philadelphia. Maria is on Long Service leave and is really enjoying this time to relax and learn about our world. We know she will come back with a great desire to ensure our students know about the learning opportunities that travel gives us.

Ms Kealy is in Ireland with her whole family for a family wedding. Unfortunately, overseas holidays do not always match ours but I know that many of you understand the importance of connecting with family at such important milestones. In this case, Rebecca’s family is meeting their soon to be daughter-in-law’s family for the first time.

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**St. Elizabeth’s Weekly Calendar**

<table>
<thead>
<tr>
<th>Monday, 20 July</th>
<th>School Assembly, 8.45am (Foundation, YCDI Presentation) AFL players visit</th>
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<tr>
<td>Tuesday, 21 July</td>
<td>Ed Board Meeting, 6.30pm</td>
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<tr>
<td>Wednesday, 22 July</td>
<td>Deb Practice, 7-9pm</td>
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<td>Thursday, 23 July</td>
<td>Yr5 &amp; Yr6 - Winter Inter School Sports, Final Series - Westall Primary School, 8.55am-10.55am Foundation - 100 days of school celebration, 6-7pm</td>
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<td>Friday, 24 July</td>
<td>Whole School - Life Skills Incursion</td>
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<tr>
<td>Saturday, 25 July</td>
<td><strong>St. Elizabeth’s Parish Mass - 6.30pm</strong></td>
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<td>Sunday, 26 July</td>
<td><strong>St. Elizabeth’s Parish Mass - 8.30am, 10.30am, 5.30pm</strong></td>
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<td><strong>Upcoming Events</strong></td>
<td><strong>Monday, 10 August</strong> Yr3 &amp; Yr4 - Rehearsal, Cross Arts Production Yr3 &amp; Yr4 - Cross Arts Production</td>
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<tr>
<td><strong>Tuesday, 11 August</strong></td>
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At Assembly this week, I announced another important travel event. As you know we have a sister school in Matutinao in the Philippines and in February next year we will be sending two staff members to officially establish this relationship. Ms Popowycz and Mr Dean Andrew will be travelling with a group of staff from five other Catholic Primary schools who also have a sister school connection with a school on the island of Cebu. Their trip will involve a mixture of visits to the schools but also to see the work being done by Kadasig who co-ordinate this connection.

Several nights will be spent actually living in the village communities where our schools are and some will be spent in Cebu.

Whilst in Matutinao, Maria and Dean will participate in a formal ceremony to celebrate our partnership known as the ‘Sealing of Friendship’ ceremony, as well as meeting the children and staff informally. They will be guests of some of the school families on several occasions, sleeping and eating in the village and getting to understand what life is like in a small Philippino village. Amongst other activities, the Australian visitors will tour the rubbish dump in the main town of Cebu, the so called ‘White City’, to see the work that Kadasig does to establish child minding and support to those who live off the rubbish dump pickings. Making sure they have child minding and a decent set of clothes sometimes enables some of them to move away from this life and into a more secure employment. Watch the Youtube clip ‘The Garbage Children of Cebu’ to see the situation for yourself.

Overall, this will be a challenging trip for Maria and Dean but it will enable us to first of all celebrate our friendship with the families in Matutinao’s community and also to share our learning. Listening to Glenys and Emily, who do all the voluntary work for Kadasig here in Melbourne, we have much to learn from our friends in the Philippines. We can learn to be content with the simple things in life. We can learn to trust each other and speak from the heart, we can learn that we are all sharing one planet and its resources and no-one is entitled to more of those resources than anyone else. Did you see the story on our Facebook page about the problems with getting fresh water in Matutinao?

At the end of the term, I will be taking Leave and my first mission will be to walk the Camino Way in Spain. This pilgrimage has been walked by pilgrims on foot over many centuries. I will only be walking the last 100 kilometres. I will do this with a prayerful intention and will share more of that with you later in the term. Then after a few days exploring Spain, I will be visiting Ireland which is where some of my family originated. I am from the Burke clan of Newry on my mother’s side and then I am off to see all my English family in Manchester. I have many cousins and one or two aunts and uncles and I am in touch with most of them. As a migrant myself, I know how important it is to keep connections to family alive and going overseas so that you can catch up with everyone is a blessing.

Family is precious but if you do not nurture your relationships with time and energy, they will wither.

Christine Ash
The Principal
Welcome back to another busy and exciting term ahead!

**SCHOOL & CLASS LITURGIES**

We welcome all families and parishioners to attend school Masses with us.

**Wednesday 5 August:**
Yr 2 Renewal of Baptism Evening.  
Yr 2 families & staff welcome, 6:30pm in the Church.

**Saturday 8 August:**
MacKillop (Red House) Hosting Mass at 6.30pm.  
‘Feast of St Mary of the Cross’.

**Friday 14 August:**
Yr 5 & Yr 6 Learning Community Mass at 9.15am.

**Friday 28 August:**
Yr 3 & Yr 4 Learning Community Mass at 9.15am.

**Saturday 5 September:**
Chisolm (Gold House) Hosting Mass at 6.30pm.

**Friday 11 September:**
Foundation, Yr 1 & Yr 2 Learning Community Mass at 9.15am.

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**Lord God,**

*At the beginning of this new term teach us to be your hands and feet where we are,*

*At the beginning of this new term teach us to love as you love us,*

*At the beginning of this new term teach us to pray for those in need so that You are honoured and glorified.*

*Amen*

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**SACRAMENTAL NEWS:**

**Confirmation**

A reminder regarding the Confirmation Parent Information Night on **Wednesday 19 August** at 7.00pm in the Church.

This night is vital for all parents and children to attend.

All candidates have received their take-home Activity pack earlier last term. These packs are due back to me by **Wednesday 16 October** (Term 4 - Week 2). There is also the expectation that the candidates attend Mass regularly and write their name on the ‘Sign-In Sheets’ at the back of the church.

God Bless,

Maria Popowycz  
Religious Education Leader  
*popoma@sedandenongnth.catholic.edu.au*
On each Friday from 17th July to the 14th August inclusive, all children in the school will participate in a weekly PE / SEL / Healthy Skills for Life lesson. During these lessons the children will not only be focusing on strength, balance and endurance, they will also be further developing their self-regulation, impulse control, listening and concentration.

Program 1 – Healthy Skills for Life
Prep / Foundation

Personal, social and community health
• **Being healthy, safe and active.** Name parts of the body and describe how their body is growing and changing.
• **Communicating and interacting for health and wellbeing.** Practise personal and social skills to interact with and include others.
• Identify and describe emotional responses people may experience in different situations.
• **Contributing to healthy and active communities.** Identify actions that promote health, safety and wellbeing.

Movement and physical activity
• **Moving our body.** Practise fundamental movement skills and movement sequences using different body parts and in response to stimuli.
• Participate in games with and without equipment.
• **Understanding movement.** Explore how regular physical activity keeps individuals healthy and well.
• Identify and describe how their body moves in relation to effort, space, time, objects and people.
• **Learning through movement.** Cooperate with others when participating in physical activities.
• Test possible solutions to movement challenges through trial and error.
• Follow rules when participating in physical activities.
• **Values to be incorporated into program include:** Respect / Honesty / Sportsmanship / Fair Play & Sharing / Gratitude & Leadership.

Program 1 – Healthy Skills For Life
Year 1 & 2

Personal, social and community health
• **Being healthy, safe and active.** Practise strategies they can use when they need help with a task, problem or situation. Recognise situations and opportunities to promote health, safety and wellbeing.
• **Communicating and interacting for health and wellbeing.** Describe ways to include others to make them feel that they belong.
• Identify and practise emotional responses that account for own and other’s feelings - Examine health messages and how they relate to health decisions and behaviours.
• **Contributing to healthy and active communities.** Identify and explore natural and built environments in the local community where physical activity can take place.
• Recognise similarities and differences in individuals and groups, and explore how these are celebrated and respected.

Movement and physical activity
• **Moving our body.** Perform fundamental movement skills in different movement situations.
• Construct and perform imaginative and original movement sequences in response to stimuli.
• Create and participate in games.
• **Understanding movement.** Discuss the body’s reactions to participating in physical activities.
• Incorporate elements of effort, space, time, objects and people in performing simple movement sequences.
• **Learning through movement.** Use strategies to work in group situations when participating in physical activities.
• Propose a range of alternatives and test their effectiveness when solving movement challenges.
• Identify rules and play fairly when participating in physical activities.
• **Values to be incorporated into program include:** Respect / Honesty / Sportsmanship / Fair Play, Sharing, Perspective / Gratitude & Leadership.
Healthy Skills For Life - Year 3 & 4
Personal, social and community health

- **Being healthy, safe and active.** Explore strategies to manage physical, social and emotional change.
- Identify and practise strategies to promote health, safety and wellbeing (ACPPS036).
- **Communicating and interacting for health and wellbeing.** Describe how to respect, empathy and valuing difference can positively influence relationships.
- Investigate how emotional responses vary in depth and strength. Discuss and interpret health information and messages in the media and on the internet.

Movement and physical activity

- **Moving our body.** Practise and refine fundamental movement skills in different movement situations.
- Perform movement sequences which link fundamental movement skills.
- Practise and apply movement concepts and strategies.
- **Understanding movement.** Examine the benefits of physical activity and physical fitness to health and wellbeing.
- Combine the elements of effort, space, time, objects and people when performing movement sequences.
- **Learning through movement.** Adopt inclusive practices when participating in physical activities.
- Apply innovative and creative thinking in solving movement challenges.
- Apply basic rules and scoring systems, and demonstrate fair play when participating.

Healthy Skills For Life – Year 5 & 6
Personal, social and community health

- **Being healthy, safe and active.** Plan and practise strategies to promote health, safety and wellbeing - Communicating and interacting for health and wellbeing.
- Practise skills to establish and manage relationships.
- Examine the influence of emotional responses on behaviour and relationships.
- **Contributing to healthy and active communities.** investigate the role of preventative health in promoting and maintaining health, safety and wellbeing for individuals and their communities.
- Investigate and reflect on how valuing diversity positively influences the wellbeing of the community.
- Values to be incorporated into program include: Respect / Honesty / Sportsmanship / Fair Play, Sharing, Perspective / Gratitude & Leadership.

Nan Perazzo
Wellbeing Coordinator
Office of the Children’s eSafety Commissioner

As of July 1, Australian children who experience serious cyberbullying on a social media service are now able to seek support under the Federal Government’s newly established Office of the Children’s eSafety Commissioner.

The website www.esafety.gov.au provides up-to-date information and resources as well as a complaints system to assist children who experience serious cyberbullying online. Here is an outline of the complaints process:

Rebecca Gage
Learning and Teaching Leader
gagere@sedandenongnth.catholic.edu.au
Parents are bombarded with messages to read with their children, but it’s rare to hear about the importance of doing mathematics with them.

We may take for granted that our children will learn how to add, subtract, multiply and divide, but early math lessons establish the base for the rest of their thinking lives. Mathematics that children are doing in the junior grades lays the foundation for the work they are going to do beyond that. They are learning beyond just counting and numbers. That’s why it’s important to help children love mathematics while they are still young.

The goal should be to make math “real” and meaningful by pointing it out in the world around them. “Every parent knows that it’s a good idea to read to your child every night, but it’s important to talk about mathematical situations with children every day.”

What if you hated mathematics as a child? As a parent it’s important to try and set aside your feelings for mathematics and encourage your child as much as possible. Young children are eager to learn. Even joking about how “you’re not good at mathematics” sends a message to your child that mathematics ‘is not important’.

If your child believes that mathematics doesn’t really matter, he’s not going to be as open to learn.

“All attitude has everything to do with learning.”

If you are stuck on how to foster math enthusiasm, talk to your child’s teacher about some ways to support mathematics learning at home. There may be a new game that you have never heard of, which both you and your child will love.

By Laura Lewis Brown

This article courtesy of http://www.pbs.org/parents/education/math/math-tips-for-parents/instill-a-love-of-math

You Lyn Dennett
Numeracy Leader / F-4 Number Intervention Leader
Idennett@sedandenongnth.catholic.edu.au
Hi all

This term we will be running an after school footy program. It will be very similar to Auskick, but without the costs.

Yes, it’s free!

AFL Victoria will support the program by supplying the occasional coach and a football to every player at the program’s completion. But to be really successful, we need players and parents.

The program will run every Wednesday afternoon from 3.30pm till 4.30pm. It is an entry level program that is fun and engaging whilst teaching kids basic footy skills and sportsmanship. They get to meet and play alongside other kids and, like all team sports, it develops social skills.

Please note that this is not after school care and a parent needs to be present for the entire hour or an arrangement has been made with another adult to be responsible for your child.

Please see me at school or email me if you have any questions.

Yours in Sport
Dean Andrew
Sports Coordinator

INTER SCHOOL SPORT NEWS - Girl’s Soccer Finals

Congratulations to our Girl’s Soccer team who were the winners in a very close fought game with Silverton Primary School.

Scores were St Elizabeth’s Primary School = 2 -v- Silverton Primary School = 0
Victorian Premier Reading Challenge

Isn’t it wonderful, we have 217 students enrolled in the Challenge this year and 5 have already completed it!

Parents, please remember that I encourage you to become members of our school library, so that you can borrow books to read with, read to or have as extras for your child to read. It is a free service.

Come along and see me in The Nook Monday—Thursday.

Do you shop at Woolworths.

Beginning Wednesday the 15th of July the Woolworths Earn & Learn Program begins.

If you, your family or your friends shop at Woolworths, please collect the Earn & Learn stickers. You will receive one sticker for every $10 spent.

The stickers need to be stuck onto the sticker sheets - available at School Reception or at the registers. Once you have completed the sticker sheets, bring them to school and put them in the box in Reception. The more completed sticker sheets we can collect the greater choice we have in selecting free resources for our school.

In previous programs, we have collected enough completed sticker sheets to get wooden furniture for our Junior School.

Thank you for your support.
Trixie Martin
Nazareth College
Parents' Association

Dinner & Trivia Night

WHEN: Saturday 8th August
WHERE: Café Naz Nazareth College
START: 6.30pm

Only $30 for Trivia & Dinner! Cash only

Bookings Essential—Book now for your chance to win in the Early Bird Draw!

Contact - Jerome Ph: 0435 965 077
           Helene Ph: 0409 561 016

BYO.... Alcohol & glasses
Soft Drinks Provided

Tables of 8
Individual tickets available

Community News ...
## Contact Details ...

**St Elizabeth’s Out of School Hours Care Program**  
111 Bakers Road, Dandenong North  
Ph: 0422 803 709 / 0426 282 721

**Before School Care**  
*Permanent: $12.00 / Casual: $13.00*  
7.00am to 8.55am Monday to Friday during school term, excluding all Victorian public holidays.

**After School Care:**  
*Permanent: $13.50 / Casual: $14.50*  
3.15pm to 6.15pm Monday to Friday during school term, excluding all Victorian public holidays.

**Vacation Care / Pupil Free Days:**  
*Per Day: $45.00*  
7.00am to 6.00pm Monday to Friday. (No vacation care available in January.)

**Late Pick Up Fees:** Per minute: $1.00

For enquiries or further information, please contact Elarine on 0422 803 709 or 0426 282 721 during session times.

## Weekly Activities ...

**Beginning:**  
Monday 20 July 2015

**Monday**  
Making Pom Pom Bugs / Octopuses

**Tuesday**  
Making Foam Parrots / Funky Fish

**Wednesday**  
Bag Tags / Felt Bookmarks

**Thursday**  
Dangly Foam Monsters

**Friday**  
Spoon Games / Writing Games