Dear Parents, Students, Guardians and Other Parishioners,

This week Ms Popowycz has put up a display about Catholic Social Teaching in the office area and you can clearly see in her display, the Catholic perspective on our responsibility to support each other.

‘Each other’ meaning everyone, close neighbours, family, friends, fellow Australians or fellow members of our human family in far off corners of the planet. Social justice is a key part of who we are as a Catholic school. We are here to not only be the very best people we can be but to also make a difference in our world.

I think the teachings can be summed up easily if we remember St Mary McKillop’s comment.

‘Never see a need without doing something about it.’

If there is one thing that characterises our school, I hope it would be this. That if the staff, students and parents see a need, they step up to do something about it. I certainly believe this is true. Over the last year we have supported not only our sister school in Matutinao but also the Nepalese families struggling to rebuild their lives and their communities after the terrible earthquake. So far we have raised $690.50 for the earthquake appeal. The Junior children enjoyed a Movie night hosted by their teachers last week and a few weeks before that the Yr5 and Yr6 communities ran Market Days and lunchtime fundraising activities again, ably supported by their teachers, who were out there on the oval encouraging them at lunchtime.

Last Friday, once again your generosity was visible in the $370 we collected for the St Vincent de Paul Society and the huge amount of food and goods that will be taken by the SVP to make the lives of needy families a little easier. On their behalf, many thanks!

### St. Elizabeth’s Weekly Calendar ...

<table>
<thead>
<tr>
<th>Monday, 22 June</th>
<th>School Assembly, 8.45-9am</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 23 June</td>
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<tr>
<td>Wednesday, 24 June</td>
<td>Reports go home</td>
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<tr>
<td>Thursday, 25 June</td>
<td>Yr5 &amp; Yr6 - Winter Inter School Sports Round 8 at Silverton PS</td>
</tr>
<tr>
<td>Friday, 26 June</td>
<td>End of term 2, students finish at 3.15pm</td>
</tr>
<tr>
<td>Saturday, 27 June</td>
<td>St. Elizabeth’s Parish Mass - 6.30pm</td>
</tr>
<tr>
<td>Sunday, 28 June</td>
<td>St. Elizabeth’s Parish Mass - 8.30am, 10.30am, 5.30pm</td>
</tr>
<tr>
<td><strong>Upcoming Events</strong></td>
<td><strong>Monday, 13 July</strong></td>
</tr>
<tr>
<td><strong>Monday, 13 July</strong></td>
<td>Term 3 begins</td>
</tr>
</tbody>
</table>
Next term we look forward to the last of the Nepal fundraisers when Yr3 & Yr4 host a Pyjama Day on July 24th. On that day, for a gold coin donation, your children can come to school in their pyjamas and slippers. Wouldn’t it be wonderful if we could raise $1000 for this cause.

Being just however, is not only about raising money! That is a great help for many causes but our responsibility is deeper than just fundraising. Its about all aspects of life in its economic, political, personal and spiritual dimensions. It is about being honest and treating others with respect and dignity and sharing our resources.

Teaching children to treat each other with respect and dignity is sometimes very hard work. Some of our children come from environments where respect and dignity are not always visible. Mothers and Fathers, Aunts and Uncles, older brothers and sisters, grandparents and adult visitors do not always model treating each other with respect and dignity.

The most powerful way to teach our children to be socially just is for adults around them to be aware that what we do, as adults, is way more powerful than what we say! If we treat each other with respect and dignity, our young people will see the right way to manage themselves in their relationships with others.

There is an old saying but a true one that says, “It’s not what you say, it’s what you do that counts.”

Christine Ash
The Principal
As Catholics, ‘The Principles Of Social Teaching’ help us in living our lives and bringing God’s message, which will change the world we live in to be a world that heals and unites people in the love of God.

The Common Good

What is ‘true community’? The common good is reached when we work together to improve the wellbeing of people in our society and the wider world. The rights and needs of others must be always respected.

We learn to be good people by being around other people. We learn to be kind, how to share, how to share, how to take turns and how to make things fair.

But we need to be fair to everyone - not just the same people! Remember, we are all made like God, and God loves us all.

We all need to work together so that everyone can have a fair share and a good life.

Feast of the Sacred Heart of Jesus

God’s great love for us in gifting us with His Son Jesus, the Christ.

Last Friday we brought gifts of non-perishable food, warm winter clothing or a gold coin donation which we placed before the altar. These gifts were collected by very grateful volunteers from the St Vincent De Paul Society from St Gerard’s Parish. Our gifts and prayers will help them in their work of reaching out to those in need in our own parish community and local neighbourhood. Thank you to all the families who were able to give so willingly.

CONGRATULATIONS TO ‘POLDING-GREEN’ HOUSE!

Well done Polding Green House, we had many families who came to celebrate Mass together on Saturday night. It was perfect timing as it was the day that the Liturgical colours changed from the Easter time of white and gold to Ordinary time of green. Polding Green House all wore green so the church was surrounded in Ordinary time colours!

The ‘POLDING-GREEN’ House did a wonderful job at Mass on Saturday. One of the captains, Aaliyah, introduced Polding House and spoke about why they are called POLDING. Polding House took part in the Entrance procession, all three of our altar servers were from Polding House, shared prayers of intercession and carried the gifts of bread and wine during the Offertory Procession.

POLDING - GREEN HOUSE

Polding House is named in memory of Archbishop John Bede Polding, first Bishop of Australia and founder of the Good Samaritan Sisters.

Archbishop Polding worked to create a truly Australian Catholic Church. He fought for the right of people to be educated. He particularly wanted to see Australian born priests, statesmen, lawyers and physicians. To ensure this happened Archbishop Polding helped establish the University College of St. John, Sydney and Mary’s College, Lyndhurst. He also established the monasteries of St. Mary’s, Sydney and Subiaco, Rydalmere.

Wanting to help the poor and disadvantaged, in Archbishop Polding founded the first Australian religious community, ‘The Sisters of the Good Samaritan of the Order of St Benedict.’ The Order was intended to look after to the needs of women, children and Aborigines.

Polding also travelled throughout the colony preaching and praying. In one month alone he travelled over 1500 kilometres on horse-back.

We remember the work of The Good Samaritan sisters in the Parish. We also remember the work of the Sister Elizabeth, who was pastoral associate at St Elizabeth’s Parish.

CONFIRMATION

The candidates were given an ‘Activities Pack’ to be completed at home and given to their teacher by the Wednesday 16 October (Week 2 Term 4). The focus of the activities is to raise the children’s awareness of the Gifts and Fruits of the Holy Spirit and where we see evidence of these in action within our own parish community. For the candidates to be able to do this and have a sense of this parish community they will, of course, need to be attending Mass here regularly.

Keep smiling!

Maria Popowycz
Religious Education Leader
popoma@sedandenongnth.catholic.edu.au

111 Bakers Road, Dandenong Nth, Vic. 3175 Tel: (03) 9795 5258 Fax: (03) 9790 0933
www.sedandenongnth.catholic.edu.au admin@sedandenongnth.catholic.edu.au
Bedtime can be a battle in many families as children resist attempts to end their day and allow parents to have some time to themselves.

Often at the end of a long day all you want is a little peace and time for yourself. After all, you have probably devoted the entire day to the service of children in some form.

Whether it is putting bread on the table or being gainfully employed in an unpaid position as housekeeper and cook, you deserve a break.

Come on, kids, be reasonable!

But children do not always see bedtime from a parent’s perspective. They often dispute calls for bed and complain loudly that it is too early. None of the other kids at school go to bed at 8 o’clock, Mum. “It’s not fair.” is the sort of line that is used in thousands of homes at night.

Others procrastinate with toilet-time, last minute drinks and detailed arrangements of teddies so that bed-time stretches by half an hour before parents realise what is happening.

Some parents are plagued by jack-in-the-boxes who reappear as soon as the bedroom light is turned off while others have night-callers who keep parents busy with comments such as: “I can’t get to sleep.

If bed-time presents difficulties in your home try the following ideas at kids’ bedtime so that you can maximize the time you have for yourself and your partner.

A clear plan can help make the end of the day less of a chore for parents.

**Develop a bedtime plan**

**Distinguish between being in bed and being in the bedroom.**

Children differ in the amount of sleep they need, so to expect them to go to sleep at a certain time is unrealistic. However, they can be expected to be in their bedrooms at a set time and then regulate their own sleep habits.

**Have a set routine such as ‘quiet time, drink and story’ which signals the end of the day and stick to it.**

Even older primary school children benefit from a set routine that lets them know what is expected so they can plan accordingly.

**Be firm and resist procrastination.**

Try always to say good night at the appointed time even if children are not quite ready.

**Turn the television off.**

If necessary, remove other distractions such as computers, mobile phones and video games while children are going to bed.

**Return jacks-in-the-boxes to their bedrooms.**

Ignore repeated calling out for drinks and other attempts to keep you busy. Make yourself scarce. Go to another part of the house and be unwilling to be drawn into a game of the children’s making. Only nightmares and earthquakes should cause you to go to their bedrooms.

**What to avoid**

**Over-stimulating children before bedtime.**

Engaging kids in a friendly wrestling match on the floor five minutes before bed-time will ensure you have a real battle on your hands.

Allowing children who delayed bedtime to sleep-in to make up for lost sleep. This will ensure that they stay awake at night. Wake children at the same time each morning.

For more great ideas to help you raise confident kids and resilient young people visit: www.parentingideas.com.au

Nan Perazzo
Wellbeing Coordinator

111 Bakers Road, Dandenong Nth, Vic. 3175
www.sedandenongnth.catholic.edu.au
Parish Priest : Rev. Tadeusz Ziolkowski SC
Tel: (03) 9795 5258  Fax: (03) 9790 0933
admin@sedandenongnth.catholic.edu.au
School Principal : Mrs Christine Ash
HOW AUDIO PROMOTES LITERACY

The single most important activity for building the knowledge required for eventual success in reading is reading aloud to children.

- Becoming a Nation of Readers: The Report of the Commission on Reading

INCREASES READING ACCURACY BY 52%

TEACHES

INCREASES READING SPEED

EXPANDS VOCABULARY

IMPROVES FLUENCY

Children who are better listeners are also better learners.

-North University of Texas professor emeritus Sara Lundsteen

TEST SCORES INCREASED 21% when engaged in multi-modal learning versus single-mode.

Students can listen and comprehend 2 grade levels above their reading level.

INCREASES MOTIVATION BY 67%

Combining print and audio increases recall 40% over print alone.

Sources available at soundlearningapa.org/docs/bibliography.pdf

Rebecca Gage
Learning and Teaching Leader

gagere@sedandenongnth.catholic.edu.au
By presenting mathematics as a story children can make links to their everyday life. Begin by reading books to your child that include numbers and counting such as ...

Encourage your child to draw and talk about the number of things in the pictures they have drawn. Write down your child’s ideas as a story. Here are some examples:

There are ten pieces of fruit in our bowl. Four are apples, two are bananas and four are pears.

My lunchbox has three things inside. One sandwich, one apple and one drink box.

Lyn Dennett
Numeracy Leader / F-4 Number Intervention Leader
ldennett@sedandenongnth.catholic.edu.au
Hi all

Next term our inter-school sports will focus on athletics. This will begin with training at school on the many disciplines, such as shot put, high jump and hurdles. Later on in the term we will be holding our annual St. Elizabeth's Intra-school Athletics Carnival at Ross Reserve. The students love competing on a real athletics track with all the professional equipment. Our students dress up in team colours and cheer and chant for their fellow team mates to strive to be their best.

From our Intra-school event we get to select our inter-school team. They get to compete against local schools at the Noble Park District Athletics Carnival. The top two finishers at district level then go on to compete at the Greater Dandenong Division Athletics Carnival. Then it is the South Metro Region, then Victorian State and finally Nationals! At each step the competition gets stronger and stronger.

But let's backtrack to our humble intra-school event. The participation aspect is our focus. Our older students role-model the good sportsmanship that leave a lasting impression on our "rookie" athletes. We celebrate all of the finishers, not just the blue ribbons.

Yours in Sport
Dean Andrew
Sports Coordinator

INTER SCHOOL SPORT NEWS - T-BALL

On Thursday the T-ball teams (girls and boys) played against Resurrection PS. The girls won and the score was 15 to 3. The boys won and the score was 10 to 2. It was a good game and everyone played very well. Wissam and Allan (AJ) played for the girls team because they were short players. The girls captain was Sabrina and for the boys it was Justin. Well done!!!!

;) Zoe Adamopoulos 👍
News from The Nook.

When it is cold and wet outside or even when it is hot and sunny, The Nook is open for parents to sit and chat to each other as well being able to borrow books, Monday to Thursdays after school as well as before school (aside from assembly morning). The door maybe closed, but not locked due to heaters / coolers being on.

Did you know that we encourage our parents and grandparents to become members of our school library? There is no cost and as parents and grandparents, you are able to borrow a large number of books for a longer period of time.

Victorian Premier Reading Challenge

It is wonderful that we have 233 children registered and 20 who have already completed the Challenge.

The Challenge asks that children in grades Foundation to 2 read 30 books. 20 of those books need to be “Challenge Books” in our library, the challenge books have a coloured dot on the spine making it easy to find them. Children in grades 3 to 6 need to read 15 books, 10 of which need to be “Challenge Books”.

We have some children who have read more than the required number of books, but, haven’t as yet completed the challenge as they are mostly “Choice Books”.

I have included in this newsletter a guide as to how to enter your child’s books online into the Challenge.

If you have any problems, please come and see me. I am more than happy to help.

Trixie Martin
marttr@sedandenongnth.catholic.edu.au
**Victorian Reading Challenge ... How to enter a book**

http://www.education.vic.gov.au/about/events/prc/Pages/students.aspx

Click LOGIN HERE, enter your child's username and password.

What would you like to do?
- Add books to my list
- Go to my reading list
- Find all books on the Challenge List
- Report a book for next Challenge List

**Add books to my list**

Type in the title (name) of the book and click Search.

Find the correct book and click.

Then click on Add to reading list.

Should the book not be listed in the Challenge Lists, click on Add books to my list and fill in the Title, Author (First name and Last name). Then click Add My Choice Book.
Are you good at making things with wood?
I am looking for a handy mum, dad or grandad who could turn this ...

into this.

If you have some spare time and would be able to make these bead frames for the children please contact myself, Lyn Dennett at school.

I will supply the beads, steel rods and wood.
At St. Elizabeths we are doing our best to reduce the paper used relating to parent information, notices and permission forms. One way in which we can all help with this is by using new technology.

**TIQBIZ**

Have you registered with Tiqbiz yet? TiqBiz is an app for Apple, Android and Microsoft devices that will allow our school to have the ability to send information to parents about what is happening around the school. If you haven’t registered yet, we encourage you to do so. This is how easy it is:

On your smart phone device search in your app store for TiqBiz, this is a free app, and download.

If you don’t have a smart phone, you can use a PC or Mac computer to download TiqBiz by going to www.tiqbiz.com.

Once Tiqbiz has been downloaded onto your device, please click on TiqBiz icon.

You will be asked to register - (first name, last name, Australia, email, confirm email, password and confirm password). Once completed, click Register.

Once registered, click on find&tick and search for St Elizabeths Parish School, Dandenong North VIC.

Click on the grey tick next to the boxes that apply to your child’s year level and also tick Whole School. Once boxes have been ticked, the tick will turn green.

Click < (top left of screen) until you reach menu.

Click INBOX icon.

This is where you will receive our instant messages, newsletters, notices and calendar events. If you have a message waiting to be read, you will see a small red circle with a number inside located on the top right hand corner of the year level box. This indicates that you have new messages to read. Click on the grey year level and message will appear.

This app can be used by all teachers in the school to send updates about what is happening in each class and to send reminders for events that are coming up. From now on, parents registered with TiqBiz will receive a notification when any of this information has been posted.
CAREMONKEY

On your smart phone device search 📱 in your app store for CareMonkey, 🤖 this is a free app, and download.

If you don’t have a smart phone, you can use a PC or Mac computer to download CareMonkey by going to www.caremonkey.com.

Once CareMonkey has been downloaded onto your smart phone device, please click on CareMonkey icon.

Enter your log in (which is your email address).

Enter your password (which is secure only to you). (If you have forgotten your password, click “Reset Password” and CareMonkey will send you a new password to your email address.

Once you are at Care Central click "Respond" in the box where permission is requested.

Read text of email which will explain the upcoming event.

Scroll down the page.

Click on "Accept" (if you will be attending and that your child’s CareMonkey care profile is up to date).

Click on "Decline" (if you will not be attending and that your child’s CareMonkey care profile is up to date).

Scroll down to the bottom of the page.

Click on "Respond".

Now you have installed the CareMonkey app onto your phone, any time you receive a CareMonkey email asking for permission of an upcoming event, go to the CareMonkey app on your phone, click CareMonkey icon and continue with instructions above.
Nazareth College
Celebrating 30 years of Catholic Co-Education!

Sunday 13 September 2015

11.00am - 1.00pm: Open School and Arts & Technology Exhibition

2.00pm - 2.30pm: Opening and Blessing of the Wheeler Auditorium and Gymnasium by Bishop Peter Elliott DD MA STD VG EV

2.30pm - 4.30pm: Alumni Reunion - Past Students & Staff

The afternoon will provide an opportunity to renew old acquaintances and take a tour of the College facilities. Please register your attendance for catering purposes with Ms Sue Formanek via email: forms@nazareth.vic.edu.au by Tuesday 1 September 2015
## St. Elizabeth, Vacation Care Program June-July 2015

**Dandenong North** to be held at 111 Bakers road, Dandenong North 3175

For more information & booking contact your Coordinating Elaines 042203709

You must provide your child with packaged lunch and snacks for morning/afternoon tea and a refillable water bottle.

<table>
<thead>
<tr>
<th>Monday 29th June</th>
<th>Tuesday 30th June</th>
<th>Wednesday 1st July</th>
<th>Thursday 2nd July</th>
<th>Friday 3rd July</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decorative Hangings</td>
<td>Excursion Day</td>
<td>Wellbeing Day</td>
<td>Under the Sea</td>
<td>No Bake</td>
</tr>
<tr>
<td>Create the following items:</td>
<td>Movies at the Reading Cinema, Dandenong Plaza</td>
<td>It is going to be a fantastic day!</td>
<td>- Sock sea creatures</td>
<td>Master chef day!</td>
</tr>
<tr>
<td>- PVA Rainbow hangers</td>
<td>The minions</td>
<td>Activities include:</td>
<td>- Humpback whale paper plate craft</td>
<td>* Children are supervised by staff to make and serve raisin toast and orange juice for breakfast</td>
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<tr>
<td>- Personalised door signs</td>
<td></td>
<td>- Still life drawing</td>
<td>- Paper cup fish puppets</td>
<td>* Design a menu and setup a restaurant</td>
</tr>
<tr>
<td>- Colourful garlands</td>
<td></td>
<td>- Relaxation music quiz</td>
<td>- Stick fish</td>
<td>* Have hot dogs for lunch</td>
</tr>
<tr>
<td>- Scented hangings</td>
<td></td>
<td>- Making lavender bags</td>
<td>- Dead fish</td>
<td>* Make honey joys</td>
</tr>
<tr>
<td>Join in on a challenging hanging cookie game</td>
<td>Includes: Transport, McDonalds Happy Meal for lunch &amp; popcorn at the movies</td>
<td>- Silent word game</td>
<td>- Ship shark shore</td>
<td>* Decorate cookies to take home and decorate your own cookie box</td>
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<tr>
<td></td>
<td>Cost $20.00</td>
<td>- Blind scented oil activity</td>
<td>- tug of war</td>
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</table>

<table>
<thead>
<tr>
<th>Monday 6th July</th>
<th>Tuesday 7th July</th>
<th>Wednesday 8th July</th>
<th>Thursday 9th July</th>
<th>Friday 10th July</th>
</tr>
</thead>
<tbody>
<tr>
<td>The letter “T” Day</td>
<td>Creative Snow</td>
<td>Excursion Day</td>
<td>Recycle Art Day</td>
<td>FAREWELL HOLIDAYS FUNDRAISING PARTY!</td>
</tr>
<tr>
<td>Join us as we celebrate all things T!</td>
<td>Let’s get creative with snow!</td>
<td>To inflatable world!</td>
<td></td>
<td>Dress up in your pyjamas, with singing and dancing.</td>
</tr>
<tr>
<td>Have fun:</td>
<td></td>
<td>- Rainbow wind spinner</td>
<td>Bring in your favourite CD/DVD and we shall Rap, Disco, Hip Hop and Rock &amp; Roll.</td>
<td></td>
</tr>
<tr>
<td>- Building giant tracks with cylinders</td>
<td>- Snow button tree</td>
<td>- Robot craft</td>
<td>Cost $3</td>
<td></td>
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<tr>
<td>- Team games such as tunnel ball &amp; table tennis</td>
<td>- Wrapped flowers craft</td>
<td>- Egg carton flowers</td>
<td>100% of money raised goes to support our project YLV Argentina - keeping kids in great need off the street and giving them access to a meal, help with school work and educational activities &amp; games.</td>
<td></td>
</tr>
<tr>
<td>- Balloon tennis game</td>
<td>- Snow globes craft</td>
<td>- Milk carton car</td>
<td>To read more please visit: <a href="http://www.ylv.com.au/ylv">www.ylv.com.au/ylv</a></td>
<td></td>
</tr>
<tr>
<td>Decorate your own tea cake for afternoon tea</td>
<td>- Raining cloud craft</td>
<td>- Build a city with boxes</td>
<td>Party food supplied</td>
<td></td>
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| | | | | |
| | | | | **BYO LUNCH + SNACK** |
| | | | | Cost $26 |
### Contact Details ...

St. Elizabeth’s Out of School Hours Care Program  
111 Bakers Road, Dandenong North  
Ph: 0422 803 709 / 0426 282 721

**Before School Care:**  
Permanent: $12.00 / Casual: $13.00  
7.00am to 8.55am Monday to Friday during school term, excluding all Victorian public holidays.

**After School Care:**  
Permanent: $13.50 / Casual: $14.50  
3.15pm to 6.15pm Monday to Friday during school term, excluding all Victorian public holidays.

**Vacation Care / Pupil Free Days:**  
Per Day: $45.00  
7.00am to 6.00pm Monday to Friday. (No vacation care available in January.)

**Late Pick Up Fees:** Per minute: $1.00

For enquiries or further information, please contact Elarine on 0422 803 709 or 0426 282 721 during session times.

### Weekly Activities ...

<table>
<thead>
<tr>
<th>Beginning:</th>
<th>Monday 22 June 2015</th>
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<tbody>
<tr>
<td><strong>Monday</strong></td>
<td>Collage painting, Ice cream dream</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>Painting chalk drawing, Caterpillar prints</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>Paint with pebbles, Glue painting</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td>Marble painting, Splat monsters</td>
</tr>
<tr>
<td><strong>Friday</strong></td>
<td>Paint a bubble dinosaur</td>
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</table>